



Military and Family Life Counseling Program

Military and Family Life Counseling services are available at installation Military and Family Support Centers.

If an installation is not nearby, military service providers can request non-medical counseling services for unit events at <https://supportrequest.militaryonesource.mil>.

Find select Military and Family Life Counseling presentations on the Military OneSource website at <http://www.militaryonesource.mil/confidential-help/mflc>.

Presentation Library

Child and Youth Behavioral
Military and Family Life
Counselors



Current as of November 2015

Child and Youth Behavioral Military and Family Life Counselors

Child and youth behavioral military and family life counselors offer briefings and presentations for service members and their families in addition to confidential, in-person non-medical counseling. Explore the wide range of topics available through the Military and Family Life Counseling Program.

ANGER MANAGEMENT

- ▶ A Guide to Helping Children Manage Anger: Ages 3-12
- ▶ Anger Management for Teens

COMMUNICATION

- ▶ Communication for Teens
- ▶ Parent-Child Communication
- ▶ Relationship Tips for Teens
- ▶ Sibling-Parent Relationships: Building Healthy Relationships

CONFLICT RESOLUTION

- ▶ Conflict Resolution for Children Ages 4-12
- ▶ Conflict Resolution for Middle School Students
- ▶ Conflict Resolution for Children Ages 13-16

DEPLOYMENT

- ▶ Children and Separation Issues of Deployment
- ▶ Preparing for Your Parent's Deployment
- ▶ Supporting Your Child Through Deployment
- ▶ Tips for Teachers: Working with Children During Deployment
- ▶ When a Parent Deploys: Ages 2-5

GRIEF AND LOSS:

- ▶ How Children Grieve
- ▶ Understanding Grief: Education for Caregivers

PARENTING

- ▶ Building Resiliency in Children: A Parent's Guide
- ▶ Developmental Stages: Ages 13-18
- ▶ Effective Discipline for Preteens Ages 10-12
- ▶ Effective Discipline for School Age Children Ages 6-9
- ▶ Effective Discipline for Teens Ages 13-17
- ▶ Effective Discipline for Young Children Ages 2-5
- ▶ Introducing a New Baby
- ▶ Parenting Teens
- ▶ Strengthening Parenting Practices



PROGRAM BRIEFING

- ▶ A Children's Guide to Coping With Disasters
- ▶ Challenges of Changing Schools
- ▶ Children and Moving
- ▶ Nature & the Prevention of Bullying: Bully-busting Activity Instructor's Guide
- ▶ Responding to Toddlers Who Bite & Hit
- ▶ Teaching Children How to Get Along: A Teacher's Guide
- ▶ Teens and the Power of Peer Pressure
- ▶ Trauma and Children: A Guide for Helping Children Manage Traumatic Events

RETURN AND REUNION

- ▶ Helping Children Cope with Post-deployment Issues
- ▶ Helping the Service Member Reconnect with Their Child
- ▶ Redeployment Issues for Children
- ▶ Welcome Home: Reconnecting With Your Child

STRESS MANAGEMENT

- ▶ Stress Management for Teens